



What is Ohio PREP?

Personal Responsibility Education Program (PREP) for Foster Care and Adjudicated Youth

Ohio PREP is a grant program funded by the US Department of Health and Human Services, as a result of the Affordable Care Act of 2010. The Ohio Department of Health (ODH) provides grant funding for nine regions.

The program focuses on educating direct-care staff of foster care and adjudicated youth (14 – 19 years) to provide an evidence-based curriculum on BOTH abstinence and contraception to prevent pregnancy and sexually transmitted infections (STI), including HIV/AIDS. The curriculum also incorporates three adulthood readiness topics, including financial literacy, healthy relationships and educational career success. These educational programs are provided exclusively to youth in foster care and those involved with the juvenile justice system. The curriculum is not provided in schools.

GOALS OF OHIO PREP:

- Reduce the rates of teen pregnancy and STI including HIV/AIDS
- Increase the number of youth in the target population who successfully transition to adulthood
- Increase and enhance workforce development of child welfare and juvenile justice professionals by providing consistent, standardized service training on evidence based teen pregnancy prevention curriculum and adulthood topics
- Develop a coalition of representatives of agencies/ organizations and key stakeholders from all nine counties who work and are familiar with the target population

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Public Health
Prevent. Promote. Protect.



Monitoring Your Teen’s Activities: What Parents and Families Should Know

The teen years are a time of rapid growth, exploration, and risk taking. Taking risks provides young people the opportunity to test their skills and abilities and discover who they are. But, some risks—such as smoking, using drugs, drinking and driving, and having unprotected sex—can have harmful and long lasting effects on a teen’s health and well-being.



Parents and caregivers are a powerful influence in the lives of their teens. When parents and caregivers make a habit of knowing about their teens—what they are doing, who they are with, where they are and set clear expectations for behavior with regular check-ins to be sure these expectations are being met (known as monitoring)—they can reduce their teens’ risks for injury, pregnancy, and drug, alcohol, and cigarette use.

Parental monitoring includes:

- Expectations parents have for their teen’s behavior
- Actions parents take to keep track of their teen
- Ways parents respond when their teen breaks rules



Monitoring should start in early childhood and continue throughout the teen years. As children develop into teenagers, adults might view them as more independent and less in need of monitoring but consistent monitoring throughout the teen years is critical as teens’ desire for independence can bring opportunities for unhealthy or unsafe behaviors. Research shows that teens whose parents use effective monitoring practices are less likely to make poor decisions, such as having sex at an early age, smoking cigarettes, drinking

alcohol, being physically aggressive, or skipping school. In addition, clear communication about expectations is especially important.

Parents and caregivers can effectively monitor and protect their teen by talking and listening to them and others close to them, setting clear expectations, offering support and praise, following through with consequences for not following rules, and paying attention to behaviors, moods, activities, and their relationships with others. Parental monitoring works best when parents and caregivers have good, open, and caring relationships with their teens. Staying involved in your teen’s life will assure their healthy development and successful transition to adulthood.

Content Source: Centers for Disease Control and Prevention

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Year 3 Grant Cycle:

August 1, 2013-July 31, 2014

PREP Coalition

Agencies that work with adjudicated and foster youth throughout Region 6 are invited to join the coalition and serve as resource persons for the **Northeast Ohio Personal Responsibility Education Program (NEOPREP) Region 6**. Coalition meetings are held quarterly. The goals of this project, as well as the process by which the goals are met, will be overseen by the coalition. The purpose of the coalition is to guide the direction of programming efforts throughout Region 6. The coalition members will assist as partners in circulating PREP information, soliciting agency participation, and networking with agency providers.



If you would like more information about this project or have an interest in participating in the coalition meetings, contact Dana Hale, RN, BSN, PREP Project Coordinator at (330) 489-3322.

Save the Date



The next Personal Responsibility Education Program (PREP) coalition meeting will be held Wednesday, July 30, 2014 at Goodwill Industries Community Campus in Canton at 12:45 PM. Lunch will be provided.

Please pass along the next coalition meeting date and encourage others to join to learn more about the Ohio PREP in Region 6.



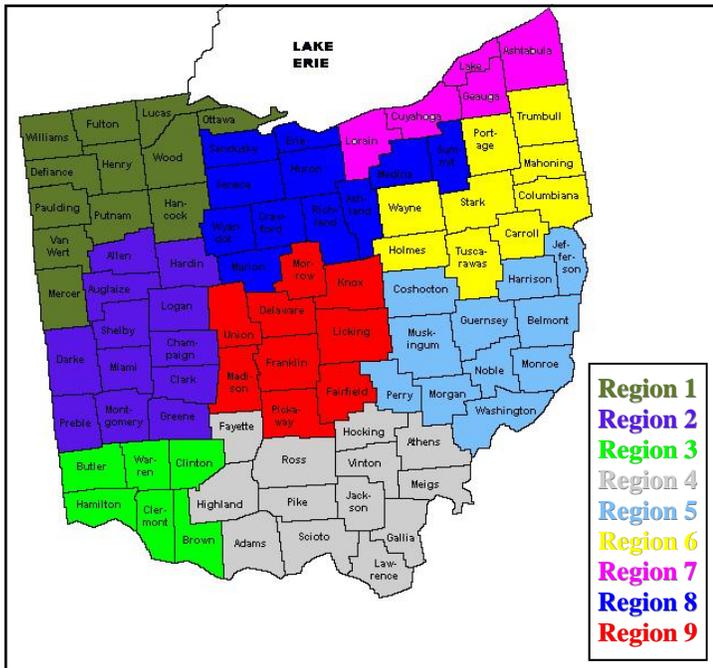
Upcoming PREP Training Workshops

8/20/14 at NEORTC

Audience: Direct care staff working with foster and adjudicated youth

For more information visit <http://neoprep6.ehhs.kent.edu>

Ohio PREP Regions



Region 1 (Northwest) Lucas County Health Department: Defiance, Fulton, Hancock, Henry, Lucas, Mercer, Ottawa, Paulding, Putnam, Van Wert, Williams, and Wood counties.

Region 2 (West Central) Planned Parenthood of Southwest Ohio: Allen, Auglaize, Champaign, Clark, Darke, Greene, Hardin, Logan, Miami, Montgomery, Preble, and Shelby counties.

Region 3 (Southwest) Planned Parenthood of Southwest Ohio: Butler, Brown, Clermont, Clinton, Hamilton, and Warren counties.

Region 4 (South) Planned Parenthood of Southeast Ohio: Adams, Athens, Fayette, Gallia, Highland, Hocking, Jackson, Lawrence, Meigs, Pike, Ross, Scioto, and Vinton counties.

Region 5 (Southeast) Belmont County General Health District in partnership with Noble and Perry County Health Departments: Belmont, Coshocton, Guernsey, Harrison, Jefferson, Monroe, Morgan, Muskingum, Noble, Perry, and Washington counties.

Region 6 (Northeast) Canton City Health Department: Carroll, Columbiana, Holmes, Mahoning, Portage, Stark, Trumbull, Tuscarawas, and Wayne counties.

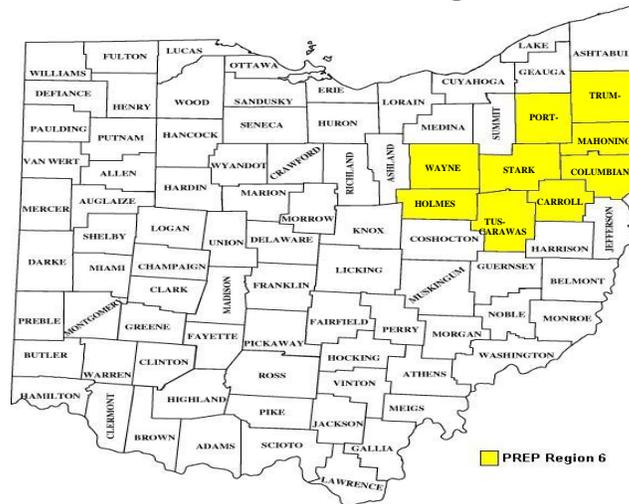
Region 7 (Lake Central) Cuyahoga County Board of Health: Ashtabula, Cuyahoga, Geauga, Lake, and Lorain counties.

Region 8 (North Central) Summit County Public Health: Ashland, Crawford, Erie, Huron, Marion, Medina, Richland, Sandusky, Seneca, Summit, and Wyandot counties.

Region 9 (Central) Nationwide Children's Hospital: Delaware, Fairfield, Franklin, Knox, Licking, Madison, Morrow, Pickaway, and Union counties.



Ohio PREP Region 6



Ohio PREP Region 6 Agencies Instructing Youth

Chance Given

Portage County-DJFS

Community Corrections Facility - Multi-County
Juvenile Attention System (MCJAS)

Residential Treatment Center - Multi-County
Juvenile Attention System (MCJAS)

Indian River-Department of Youth Services

Specialized Alternatives for Families and Youth

New Philadelphia Group Home-MCJAS

Trumbull County Juvenile Justice

National Youth Advocate Program (NYAP)

Youth Intensive Services

Pathway Caring for Children

Ohio PREP Region 6 Agencies with PREP Trained Staff

Alliance For Children and Family

Pathway Caring for Children

Bair Foundation

Portage County-DJFS

Catholic Charities

Portage County Family and Community Services

Chance Given

Residential Treatment Center-MCJAS

Columbiana County-DJFS

Specialized Alternatives for Families and Youth (SAFY)

Community Corrections Facility-MCJAS

Stark County Family Court

Family Life Counseling

Stark County-DJFS

Indian River Department of Youth Services-DYS

Stepping Stone Residential

Mahoning County Children's Services

The Twelve

Mahoning County Juvenile Court

The Village Network (TVN)

National Youth Advocate Program (NYAP)

Trumbull County Juvenile Justice

New Beginnings

Wayne County-DJFS

New Philadelphia Group Home-MCJAS

Youth Intensive Services